

The Lyndhurst 5 Step Plan

Step	Symbol	Action
STEP 1		Gentle reminder Visual reminder about behaviour: Adult pegs child's name to their lanyard to indicate they are 'held in mind'.
STEP 2		Reminder in private - Safe, Happy and Ready to Learn. Child's peg returned, once their behaviour has improved.
STEP 3		Reflection area – Sit on reflection cushion in class.
STEP 4		Conversation with Kim or SLT at playtime. <ul style="list-style-type: none"> • Reflection and identify feelings • Talk and draw session
STEP 5		Conversation with parent.

Mental Health and Wellbeing

At Lyndhurst, we understand how important good mental health and wellbeing is to enable children to thrive at school. This is integral to our curriculum, but we also support children in a variety of other ways. For example, through individual and small group work, our RSHE, PE and Values curriculums, yoga and mindfulness sessions, and Forest and Beach school work. We have invested in trained staff and have a family Engagement and Support Officer, Learning Mentors, and 5 trained Mental Health First Aiders. Mrs South is the school's Mental Health and Wellbeing lead. Our SLT are also trained Safeguarding Leads (DSLs).

Keeping safe: It is important that children learn how to keep themselves and others safe. We encourage children to speak out. All concerns are taken seriously and we actively listen to what children say. Any concerns are shared with parent/carers so that we can work together to keep safe.

If you have any concerns or questions about the information within this booklet, please contact the school office who can direct you to the most appropriate person.

01903235390

Office@lyndhurst-school.co.uk



Behaviour and Relationships at Lyndhurst

Information for Parents and Carers

Our Approach to Behaviour Management at Lyndhurst

- ◆ We expect children to behave with respect and kindness.
- ◆ We expect our children to follow our school rules.
- ◆ We follow a therapeutic approach to behavior management.
- ◆ Bullying is not tolerated by any member of our school community.
- ◆ We believe that learning behaviours and social behaviours go hand in hand.
- ◆ We recognise that young children need support to make and maintain positive relationships, and that some children need more help than others.
- ◆ We are a Rights Respecting School—Ready, Respectful and Safe.

Therapeutic Thinking

Alongside other schools, we have been working closely with West Sussex County Council to adopt a therapeutic behaviour approach in our school. This has involved whole school staff training in how to support a child's social, emotional and mental health needs. This is integral to our inclusive culture. This approach is based on equity not equality (responding to individual needs), promoting constructive reflective experiences to develop positive feelings, and in turn positive behaviours. This approach supports a child's developmental stage and experience (for example trauma or a diagnosis) and their differing abilities to manage big feelings and behaviours. At Lyndhurst, we have high expectations, but also recognise that some individual children will need more support, or a plan, to meet our behaviour and learning expectations.

Lyndhurst School Rules

We all follow the school rules. These are displayed in all classrooms and around the school. They also have visual prompts (Communication Print) so that they are inclusive and easily understood.

- ◆ Our school rules can be followed by everyone.
- ◆ All adults will refer to our school rules—praising those who are following our rules and reminding those who need it, using a common vocabulary.
- ◆ Children following our rules will be rewarded with praise and celebrated by writing their names on a 'well done' chart, certificates and other rewards.
- ◆ Children not following our school rules will be reminded by staff. If behaviours continue, the adult will take a peg with the child's name and put in on their lanyard as a visual prompt for the child to improve. This allows the adult to continue teaching without interruption, and gives a clear signal to the child that they need to make a change. The peg is returned once the adult has noted a change in behaviour.

- ◆ This 'held in mind' approach allows for a quick change in behavior and the learning of others to continue.
- ◆ Some children will have an individual behavior plan. This will be discussed with parent/carers.
- ◆ Children who find conforming difficult will be supported to follow our rules through our 5 Step behavior Plan.
- ◆ Bullying will not be tolerated. Parent/carers will be informed and will be part of the conversation.

Lyndhurst School Rules	
 School Rule	 Good listening
 Always try my best	 Use kind words, hands and feet
 Help each other	 Keep the school tidy
 Make good choices	
 have the right to...	 13 Ready (Article 13)
 Respectful (Article 12)	 12 Respectful (Article 12)
	 27 Safe (Article 27)

Policies—these can be found on our website

- ◆ Behavior and Relationships policy
- ◆ Attendance and Punctuality policy
- ◆ Inclusion and SEND policy