Gratitude Scavenger Hunt Challenge

What does gratitude mean to you?

What do you feel grateful for?

Can you make a list or draw a picture to show what you are grateful for?

Gratitude Scavenger Hunt for Kids

- 1. Find something outside you enjoy looking at
- 2. Find something that is useful for you
- 3. Find something that is your favorite color
- 4. Find something you know someone else will enjoy
 - 5. Find something that makes you happy
 - 6. Find something that tastes good
 - 7. Find something that smells amazing
 - 8. Discover something new
 - 9. Find something that makes you feel safe
- 10. Find something that makes a beautiful sound
 - 11. Find someone you are grateful for
 - 12. Find something that is unique to you
 - 13. Find something that makes you laugh
- 14. Find something in the night that you enjoy
- 15. Find something in the morning that you enjoy
- 16. Find a friend/pet that you love spending time with
 - 17. Find your favorite place to spend alone time
- 18. Find something that reminds you of the people you love
- 19. Find something that you enjoy doing outside with friends
 - 20. Find a place that you love

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