

Mirror reactions

A fun game for 2 people

Create a line of coloured cones or objects

Get an adult to call out a colour and players must run to that colour area (you do not have to touch the cone/object, touch the ground in front of that colour area to ensure social distancing)

Start by giving one instruction ('yellow') and then extend to multiple step instructions ('yellow, red, yellow')

Challenge:

- Add more colours
- Change what body part you use to tap area e.g foot green, elbow blue)

