

## Sock ball dodgeball

- Make two or three small sock balls per person using one pair of socks, rolled inside each other.
- Choose a play space, preferably outside and ensure it is free of breakable objects, or remove the breakable objects before playing.
- Play space can be a bedroom, living room, or any room where you're not likely to trip on obstacles and hurt yourself in the excitement but always check with an adult first.
- You need 2 players for this who try to hit each other with their sock balls.
- After each throw, opponents can pick up sock balls from the other players and throw back at them.
- Opponents are only permitted to throw from their "home base." Home base can be a sofa, a bed, either end of a garden or other designated space at one end of your playing area.

