# Sustainable Home Learning and Play

These activities are designed for going to a safe outdoors space such as a garden or local park. If this is not possible every activity has an indoors adaptation below. For more ideas and video demonstrations join our Facebook group www.facebook.com/groups/2947052738685771/

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Week 10
Express
Yourself
Outdoors





#### Create a new critter!

Let your imagination run wild and invent a new creature particularly adapted to a certain spot outdoors or even in your house. Create the creature out of clay, play dough, loose parts - whatever you have to hand! How does it eat? Where does it sleep? How does it defend itself?

#### Express yourself in nature

What better place for artistic inspiration than nature? Find something natural as a stimulus for art. Try creating your artwork in the style of a famous artist. Or focus on one of the elements of art and study line, form, texture, pattern, or colour in the work on your subject.

#### **Tree Faces**

Imagine a tree had a personality. What would it tell you about what it has seen? How would the tree feel? Take some clay, play dough, or mud and make a fitting face for a tree. No trees nearby? Then try giving other inanimate objects a facial expression of your choice!

### **Outdoors Symphony**

This resource focuses on school grounds but using environmental inspiration for a piece of music can be applied anywhere. Listen to the sounds around you and decide how to recreate sounds of water, cars, birds etc. Bring them altogether in an outdoor overture with musical instruments of all varieties!

## A cracker of a Haka!

The haka is a ceremonial group line dance from Maori culture with rhythm, actions, and a chant. It can be used to scare the enemy, welcome guests, celebrate a victory etc. Can you design your own haka and perform it using this resource to help you?



For more resources visit www.ltl.org.uk/free-resources

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