

Colour run!

On your driveway/garden or in a park, label four areas (draw circles or squares) with different colours of chalk or use different coloured paper.

Get your adult or someone you live with to call out a colour and you have to run to that coloured area.

Continue to call out different colours changing the order.

Could you call out a pattern for someone to follow?
E.g red, yellow, red, green.

