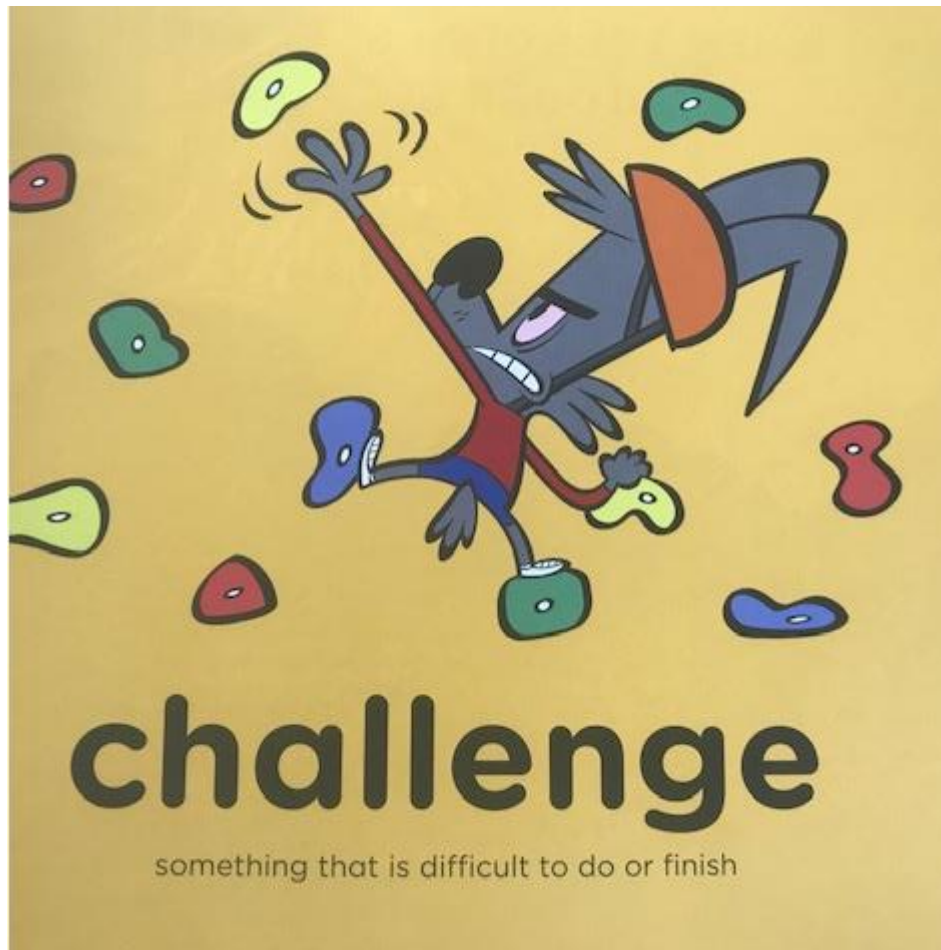


Word of the Day

Wednesday 10th June 2020



Definition:

Something that is difficult to do or finish

Challenge:

Can you talk to an adult about a challenge that you have overcome recently?
What qualities / skills did you use to help you? (deep breathing, perseverance, self-talk etc)