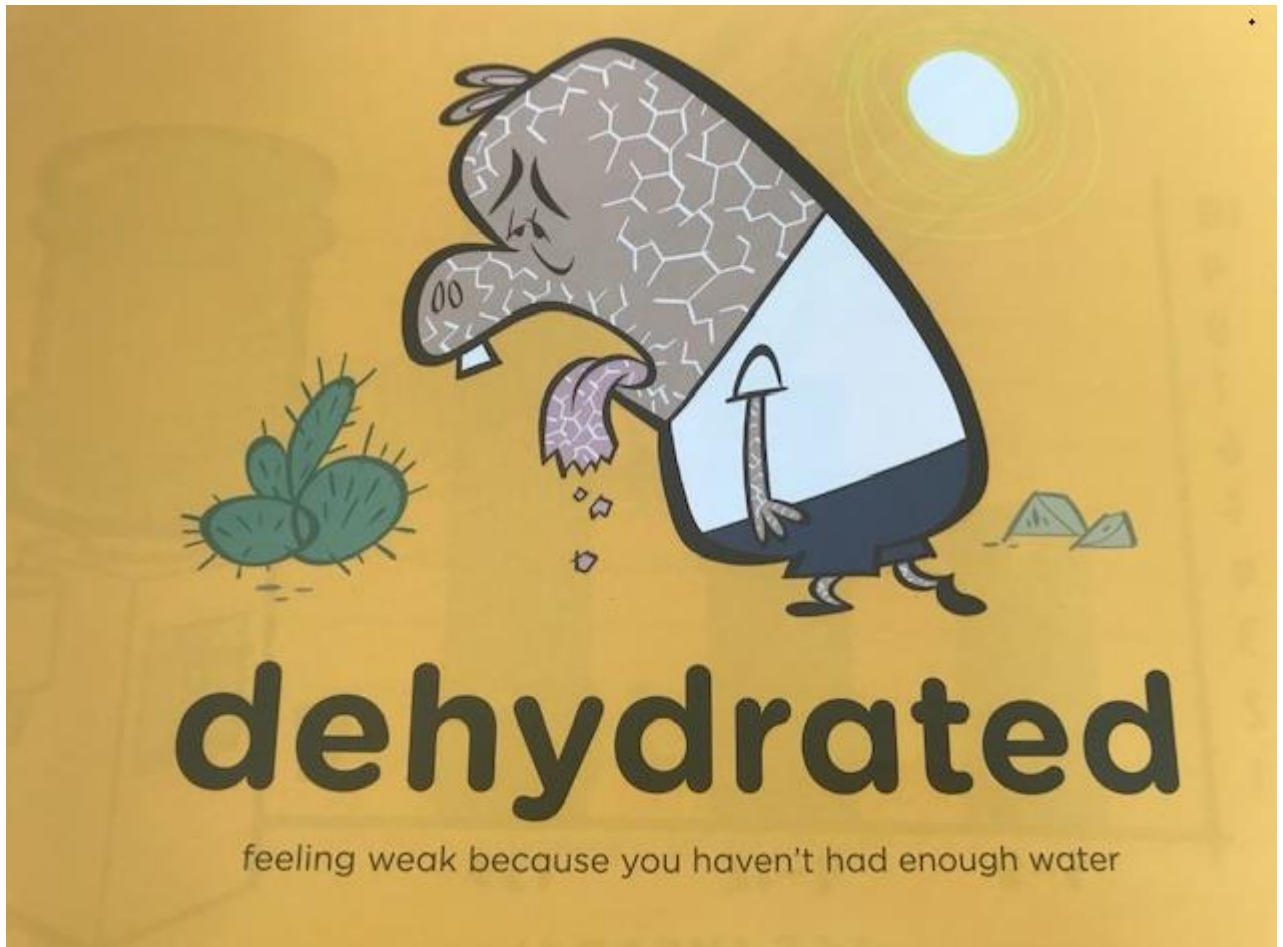


Word of the Day

Friday 5th June 2020



Definition:

Feeling weak because you haven't had enough water

Challenge:

Can you measure how many millilitres of water you drink today? The recommended amount for children is 1 litre. Is your body dehydrated?