

21.5.20 Grateful Challenge!

Today's challenge is a time for reflection.

Try and think of some of the things that you have really enjoyed over the last few weeks. Or just things that make you really happy!

It could be a special movie that you have watched or a game that you have played. Or even being able to wear your pyjamas for a day!

I know, that when I spoke to some of my Turtles that they have been dressing up, baking, playing video games and camping in the back garden!



The things that I have enjoyed are gardening, dog walks and wearing my Christmas pyjamas! I have watched my tortoise yawn (it takes quite a long time!) and seen a tree in my garden blossom. I am growing strawberries and tomatoes (but not overly confident that I will end up with either!)

You could take some photos of the things that you are grateful for or draw some pictures. You could make a poster and keep adding to it when good things happen!

Enjoy!

